

In the Claims:

Please amend claims 16, 18, 20, 23, and 24 as follows:

C1  
16. (Amended) A nutritional or dietary composition comprising:  
approximately 0.1 to 10 dry weight percent solid, dried, viable bacteria  
approximately 2.5 to 20 dry weight percent dried, non-living yeast, and  
approximately 25 to 98 dry weight percent protein concentrate.

18. (Amended) The composition of claim 16, wherein the viable bacteria [is] are selected  
from the [group] genera or species consisting of [Lactobacilli strains] *Lactobacillus*, [Streptococci  
strains] *Streptococcus*, [Pedicocci strains] *Pediococcus*, [Leuconostoc strains] *Leuconostoc*, and  
[Propionibacterium shermanii] *Propionibacterium freudenreichii shermanii*.

C3  
20. (Amended) The composition of claim 16, wherein the protein concentrate is selected  
from the group consisting of whey protein concentrates, animal protein concentrates and soy protein  
[isolates] concentrates.

In claim 23, line 1, please replace "23" with --22--.

In claim 24, line 1, please replace "23" with --22--.